

Prospectus 2010-2011

Postgraduate, Undergraduate and Access Courses Professional Training in Herbal Medicine, Massage and Aromatherapy







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www.herbalmedicine.org.uk



Dear colleagues and future students,

When someone decides to consult a herbalist or an allied professional in massage and aromatherapy, that choice itself can be a healing act; a choice to seek a more balanced and natural approach to their health care; a choice to give up old patterns and embrace new positive ones. The choice of practitioner can sometimes be a simple one but often it is a complex blend of incremental knowledge: things we read, things we hear and ultimately, what often clinches the decision on whom to consult, is a personal referral.

The same would be true of choosing a school and we hope that this prospectus has come to you, not out of the blue but with some or all of the above. Our advice would be to try and speak to other practitioners and if possible, any of our graduates to get a good idea of what is involved.

Our courses have an enviable reputation of being holistic and in depth and when our external examiners use language like 'ground breaking' and our graduates say things like 'life changing' and 'challenging' but also 'you gave us what we needed to practice effectively', we feel that reputation is deserved.

The School's approach owes a lot to the energy of our own teacher, Christopher Hedley AHG, who is also one of our guest tutors and a leading light in the profession. When asked recently how he thought we were doing he replied he thought it was 'the best herb school in the universe'. When this was related back to us, we asked Christopher if we could quote him on that. He thought for a moment and then said: 'Well...in the known universe'.

What makes a good school? We feel we have attracted the top practitioners in their respected fields onto our faculty but of course, it also means we have attracted some of the best students. Post graduate and undergraduate students who are prepared to give full commitment, not only to learn about the healing power of Nature but also about themselves and develop their craft to the limits.

We would be extremely happy to welcome you to our school, should you make that choice.

Director of Education, Keith Robertson MSc F.NIMH

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Kall Edition Marson Robertson Director of Research. Maureen Robertson MSc M.NIMH

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The Scottish Journal of Herbal Medicine

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About The School

The Scottish School of Herbal Medicine is a non-profit making organisation, founded in 1992 and dedicated to the furthering of herbal knowledge, education and research.

The School has a unique concept of training "herbal practitioners" with an energetic approach to herbs and our view that herbalism is a holistic discipline. Our Vegan founders are strong advocates for non animal based, holistic and contemplative methods and the School aims at all times to provide a balance of science and art in its teaching; we seek to further knowledge of herbal medicine for its personal and planetary benefits, and this philosophy pervades all that we do.

What qualifications can I get?

The School offers a range of professional training courses, including International Therapies Examination Council (ITEC) Diplomas in Therapeutic Massage and Clinical Aromatherapy and Herbal Medicine courses from introductory Home Help Evening Classes and Correspondence Courses to a professional BSc(Hons) Degree and MSc/PGDip/PGCert qualification.

Our BSc (Hons) Degree in Herbal Medicine was externally validated by the University of Wales in 1998 and accredited by the National Institute of Medical Herbalists (NIMH) in September 2000 and our PGDip/MSc programme was validated by the University of Wales in October 2000 and successfully revalidated for five years at its Quinquennial review in 2007. Our new Postgraduate Certificate in Holistic Research Methods was successfully validated in July 2009.



Why study here?

Our courses are offered in a modular fashion to allow you to study whilst working, but our interactive learning model offers a greater depth of understanding than could normally be conveyed in this time. Learning about something as fascinating as the workings of the human body certainly doesn't have to be a grind! We hope you will enjoy your time with us and we will use our combined knowledge to help you develop the skills you need for professional practice.

What we offer:

- Class sizes are small to ensure that each student is treated as an individual with unique requirements
- Experienced tutors who are professionally practicing in their field
- Onique concept of training "herbal practitioners" with an energetic approach to herbs
- We are keen for our students to gain a personal relationship with the plants. We have developed the Pharmacology of Taste as a unique learning tool. This leads to direct personal experience of all the herbs that are taught via blind tasting and allows our students to have a powerful understanding of any plant they will be later prescribing for others
- Vegan founders are strong advocates for non animal based, holistic and contemplative research methods and are actively developing and applying these more relevant methods to Herbal Medicine
- University of Wales validated BSc, PGCert, PGDip and MSc courses
- Massage and Aromatherapy Diplomas are validated by the International Therapies Examination Council (ITEC)
- Our BSc Degree is accredited by the National Institute of Medical Herbalists (NIMH)
- Balance of science and art in teaching and seek to further knowledge of herbal medicine for its personal and planetary benefits. This philosophy pervades all that we do

What are the job-prospects?

As Complementary Therapies enjoy a surge into mainstream popularity, there are many openings for properly qualified, motivated individuals to create a positive career for themselves, either on a self-employed basis or within existing companies. The majority of our graduates choose the popular route of the self-employed practitioner, often sharing clinic space with practitioners from other disciplines. Our courses incorporate internationally recognised qualifications that are fully eligible for professional insurances. So, whilst we can't promise you a job, we can promise a life-enhancing course that will give you the skills you need to help carve out your own career path.

Teaching Dates

The teaching day runs from 9am to 6pm, with a one-hour break for lunch plus two half-hour breaks. Individual teaching dates for each course can be found on our website.

MSc & PGDip in Herbal Medicine PGCert in Holistic Research Methods

Course Structure and Locations

Postgraduate Certificate:

Our new Postgraduate Certificate in Holistic Research Methods was successfully validated in July 2009. The PGCert consists of two modules taught over an academic year and is divided into a nine day Summer School and an extended nine day Winter School

Postgraduate Diploma:

The PGDip consists of 7 modules and teaching is spread over two years, at 16 days per year, divided into two seven-day Winter Schools and two nine-day Summer Schools. The two Summer Schools will be based in the rolling hills of the Scottish Borders, the two Winter Schools are on the Mediterranean island of Mallorca, where we study its unique flora.

Masters:

Each single module counts for 10 or 20 MSc level credits. By successfully completing the course, participants will obtain the required 120 credits for the Postgraduate Diploma. The award of MSc requires a final 6 months for the successful completion of a 3 module (60 Masters credits) dissertation.

Our Renowned Mallorcan Winter School

The Goethean Contemplative Scientific approach to plant and person study is what most of our post-graduate herbalists rave about as an empowering and inspiring practice which they integrate into their personal and professional lives. This combined objective and subjective observational method leads to a satisfactory, holistic view of any natural phenomenon studied. Initiated by Germany's Bard, Johann W. von Goethe then developed by Rudolf Steiner and more recently by Goethean scientists such as Jochen Bockemuhl and Margaret Colquhoun, this way of doing science includes the necessary alchemical and elemental process to bring forth the essence of the plant or person and then helps shape it into a meaningful conscious new form. In this way, these new novel remedies capture the healing gesture of a plant studied or alternatively patients make conscious a new healing intention they will work towards, using a plant preparation which resonates with the qualities necessary to support that intention.







Course Modules

The Postgraduate Certificate:

Modules 1, 2 and 4

The Postgraduate

Modules 1-7

Diploma:

Modules 1-8

Modules 1 & 2

The Masters:

Research Methods 1 (double module) 40 credits

Module 3

Herbal Medicine Energetics (single module) 20 credits

Module 4

Practical Herbal Medicine/Goethean

Scientific Approach (single module) 20 credits

Module 5

Applied Therapeutics (single module) 20 credits

Module 6

Continuing Professional Development

(half module) 10 credits

Module 7

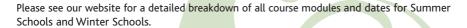
Personal Plant Project (half module) 10 credits

Module 8

MSc dissertation

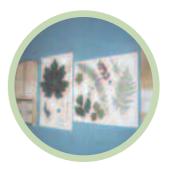
Module 8

(triple module)



Assessment

The main assessment for MSc is through the research dissertation on successful completion of the Postgraduate Diploma. Students will complete their own portfolio of essays and case studies where relevant, which they will present at the end of each of the Postgraduate Certificate and Postgraduate Diploma modules. Self and peer assessment will apply alongside practical assignments of skills where appropriate.





Entry Requirements

Postgraduate Diploma and MSc

Applicants should have a BSc in Herbal Medicine or equivalent professional qualification in Herbal Medicine or Naturopathic Medicine (which is recognised by the University of Wales as equivalent to an initial degree). Candidates who are unsure if their own herbal training is equivalent to the standard required should contact the School. Application is then by portfolio for evaluation of Acquired Prior Experiencial Learning (APEL).

Postgraduate Certificate

Entrance qualifications and entrance procedure as above. However we will also consider applicants who have a previous degree in Naturopathic Medicine, Complementary and Alternative or Orthodox Medicine or the allied health professions. We will consider any serious applicant from a wide range of disciplines where new research paradigms are relevant. For example we have favourably received enquires from social science and architecture graduates.

For our Post-Graduate courses we are fortunate to have guest lecturers who are experts in their field:

Dr Mary Bove MD
Ally Broughton BSc (Hons) M.NIMH
Margaret Colquhoun PhD
Sandy Gray PhD and Anne Mitchell PhD
Christopher Hedley AHG
Stephen Kippax MSc (Herb.Med.) M.NIMH
Douglas Lonie MA (Hons)
Anne McIntyre F. NIMH
Anita Ralph MSc (Herb.Med.) M.NIMH
Graeme Tobyn M.NIMH
Dr Craig Wright MSc (Herb.Med.), M.Tech (Hom)(SA), MRN





Mallorcan Euphorbia spps





What our students say

"Studying for the Master's degree with the SSHM opened me up to a way of approaching my practice which uses all of my senses and doesn't rely totally on the intellect. I was able to become more confident about trusting my instincts and intuition - and being able to integrate these with the more 'research-based' approach which seems to be the gold standard in today's world. Speaking of research - I also learned how to appraise research findings with a critical eye, which has led to my becoming part of a peer-reviewing panel for a journal on research in primary health care. Learning to study plants using the Goethean method has helped me get to know the plants I use much more deeply - "New eyes for plants" indeed. AND I discovered that I can do botanical illustrations! Hard work - definitely; stressful - sometimes; different - indisputably; fun - oh yes! Would I have missed it? - not for the world!"

Alison Morton MNIMH MSc (Herbal Medicine)

"My Master's degree has been very helpful in starting and teaching in a new program on herbalism at the Minneapolis Community Technical College. This is one of the very few programs on herbalism in the United States. Yesterday we had a stimulating discussion of scientific papers in class, a discussion that would have been impossible for me before undertaking my education at SSHM. Having an MSc puts me in a higher income bracket at MCTC. Love my degree, the School, loved the program. Still basking in the light thereof."

Matthew Wood AHG MSc (Herbal Medicine)

"Upon graduating from the School of Phytotherapy in Tunbridge Wells in 1987 after nearly 4 years of schooling, I felt competent as a herbalist. After 5 years of practice I felt good at my work. After 10 years of practice I felt skilled at my craft. And after 15 years of practice I went back to school because I knew I needed a whole fresh perspective. Doing the MSc course at SSHM allowed me to take stock of my profession and to re-vision my work entirely. I am a much better practitioner and enjoy a much deeper and richer relationship with my work since doing the course."

Chanchal Cabrera MNIMH MSc (Herbal Medicine)

"The Scottish School of Herbal Medicine MSc has served to substantially broaden my horizons in terms of my practice as an herbalist and helped me to evolve into a more rounded practitioner. I have benefitted hugely from learning methods such as Goethean study and have left the course rich in terms of both the knowledge and lasting friendships of the colleagues with which I have studied, and the deeper and broader nature of my understanding of the practice of the rich tradition of Herbal Medicine. I would thoroughly recommend this course."

Mary Tassell MNIMH MSc (Herbal Medicine)

"Going into the MSc I envisaged a linear progression of knowledge, what actually happened was an explosion in many directions! Goethian study - now an integral part of my life with at least two formal study weekends a year bringing me closer to the plants and the heart of the planet. Energetic principles - altering my practice and bringing in more and better satisfied patients. Research methodology - giving me the confidence to approach and hold my own with medical academics in pursuit of running a holistic, energetic clinical trial (still some time off but it will happen!). I can truly say the SSHM MSc was one of the best things I have ever done." Fiona Taylor MNIMH MSc (Herbal Medicine)

BSc (Hons) in Herbal Medicine

An Introduction to our Herbal Studies

With the recent and well deserved revival of the ancient art of healing with plants, the need for more fully qualified Medical Herbalists has never been more acute.

We provide a complete education in health, taking into account the traditional approach of herbal medicine - as a way of life, which cannot always be quantified in terms of strict academia.

In this way, we train a small number of dedicated individuals to be fully competent Medical Herbalists. This requires very **practical-based skills**, reflected in the many hands-on sessions scheduled throughout the course: the Clinical and Apprenticeship hours spent with a trained Herbalist throughout your training ensures that you have a firm working knowledge of the **Herbalist's craft**. You will have gained in depth knowledge of more than 150 herbs and will have personally tasted each one!

If we want to continue to enjoy our right in this country for trained Medical Herbalists to have the right of *primary diagnosis* (a licence which is unique in Europe and perhaps even in the 'developed' world), we have to acquire a high level of orthodox clinical skills.

To this end, the first two years of the course contain, alongside Herbal Science - Anatomy, Physiology and Pathology. Although this is taught in an imaginative and sensitive way, there is no getting away from the amount of work entailed in learning to be safe in practice.

Overall, our aim is to develop practitioners who do not see medicine as a solely clinical science - this has led to our present system which seems to gratify less and less of its practitioners and patients. We prefer to work with students who can appreciate medicine as an **art** using **science** properly as its tool. It obviously takes a special individual who can stand comfortably in both fields - by introducing counselling skills early on in the training, students are encouraged to explore personal development to prepare solid ground for group dynamics during training and a person-centred approach once in practice.

Herbal Medicine has provided safe holistic healthcare for centuries: three-quarters of the world still rely on it for their primary health care. As a School, we are proud to be playing our part in keeping this traditional healing art alive and relevant in today's world and to be working with like-minded people in order to provide a strong crop of Medical Herbalists, to safeguard traditional healthcare in the new century.









Course Structure and Locations

The BSc is a 4 year course in total, with students attending:

- 12 full teaching weekends per year (every third weekend between October and June)
- One 5-day Summer School annually in August
- A minimum of 125 hours clinical training per year.

Teaching weekends and clinical training will be held at the School in Glasgow. Summer School takes place in the Scottish Borders.

How much studying will I need to do?

In addition to the weekend seminars, there is a significant amount of guided learning alongside the course - amounts vary depending on your previous experience and learning, but allow a minimum of four hours of home study for every one hour of face-to-face tuition. Trainee Herbalists will be supported in this via regular Professional and Personal Development tutorials at the clinics.

The flexibility of our teaching pattern opens up the possibility of degree level education to those who are unable to attend a more orthodox schedule of classes. This is made up for in home study, applicants should consider this carefully.

What about Clinical Training?

Over the four years of training, students are required to complete a minimum of 500 hours clinical training/apprenticeship. All clinical training is supervised by an approved practising member of NIMH, and/or takes place at the School's Student Training Clinic (held on the Friday before and the Monday following each teaching weekend, two Saturdays per month and two Wednesdays). Students must complete a minimum of 300 of these hours at the School's Student Training Clinic.







Course Modules

Professional Training: Year 1

Module 1.1.	Physiology and Holistic Health
Module 1.2.	Living Anatomy
Module 1.3.	Herbal Medicine
	Plant Appreciation, Nutrition 1, Materia Medica 1, Practical Pharmacy 1
Module 1.4.	Complementary Medicine
Module 1.5.	Practical Holistic Massage
Module 1.6.	Clinical Training I (incorporating Professional & Personal Development)

Module 1.7. Research & Study Skills I

Professional Training: Year 2

Patho-Physiology

Module 2.1

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Module 2.2.	Clinical Examination I
Module 2.3.	Nutrition & Practical Pharmacy II
Module 2.4.	Materia Medica II
Module 2.5.	Herbal Therapeutics I
Module 2.6.	Research & Study Skills II
Module 2.7.	Clinical Aromatherapy
Module 2.8.	Clinical Training II (incorporating Professional & Personal Development)

Professional Training: Year 3

Module 3.1.	Differential Diagnosis
Module 3.2.	Materia Medica III
Module 3.3.	Herbal Therapeutics II
Module 3.4.	Practical Pharmacy III
Module 3.5.	Aromatic Medicine
Module 3.6.	Research Methods
Module 3.7.	Clinical Practice I (Incorporating Professional & Personal Development)

Professional Training: Year 4

The 4th year is structured to reflect the fact that students are now well on their way to being practitioners. They will already have been seeing their own patients and much of this fourth year's design is so they can bring these experiences into the lecture setting.

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Module 4.1.	Herbal Therapeutics III
Module 4.2.	Herbal Medicine Energetics
Module 4.3	Clinical Examination II

Module 4.4. Professional and Personal Development

Module 4.5. Research Dissertation

Module 4.6. Clinical Practice II (Incorporating Professional & Personal Development)

Please see our website for a detailed breakdown of all course modules.



Entry Requirements

Students for the BSc course are required to have "A" level (or equivalent) Biology and Chemistry, or alternatively have completed the School's Correspondence Access Course. Please contact the school for more details.

Formal as well as informal qualifications (ie work experience, voluntary work) are considered. Given the relevant qualifications and/or experience, exemption from certain modules is possible, and this can be discussed at interview.

Applicants for whom English is not their first language will require IELTS level 7.

What our students say...

"Time and dedication given by the qualified herbalists and their general approachability - is fantastic."

"Lots of laughs and inspirational moments to keep one afloat in all the hard work."

"Having a small group and having interactive lessons and discussions."

"Interesting, enjoyable, creative - often learning is not all of these things."

"Overall I am very happy with the course - probably the best in the World."

"The School's political and philosophical approach to the subjects and teaching methods is marvellous."

"Entertaining but clearly explained lectures."

"Learning about the human body made me realise what a miracle it is."

"Fantastic to have so many inspirational practitioners to give us a taste of their wisdom."

"Starting to feel like a trainee herbalist rather than a student."





Home Help Herbal Medicine Correspondence/Access Course

Course Structure

Designed for distance learning, the Correspondence Course takes 10 months (based on around 2-3 hours work per week) to complete. You will receive:

- 3 direct mailings, each containing approximately three months work of text and worksheets.
- Course content based on evening class material, but with additional monthly worksheets and discussions on the philosophy and practice of Herbalism and on understanding the human body.
- Momework assignments for you to return (then marked by our tutors)
- Many practical components: all specialist materials & herbs are supplied

Enrolment is at any time throughout the year.

Course Modules

We cover each of the major systems that comprise the human body, along with a discussion of the things that frequently go wrong with each one and what herbs can help. We also look in detail at some commonly used herbs, both for teas and herbal first-aid.

Each module is split into three parts of text and worksheets. (one part sent in each mailing):

Module 1: An Introduction to Herbal Medicine (Theory)

Module 2: An Introduction to Herbal Medicine (Practical)

Module 3: An Introduction to Anatomy & Physiology

Module 4: An Introduction to Life Sciences

On successful completion of the course, you will receive a Certificate from the School. Please note this does not constitute as a licence to practice professionally as a herbalist.

If you are applying for the BSc (Hons) Degree Herbal Medicine, the Correspondence Course can act as an access course if you do not have a science background or science qualifications. A successful interview is still required to gain a place on the degree course.

Entry Requirements

This course is open access and the usual application procedure does not apply. Please contact the School to apply.



Home Help Herbal Medicine Evening Class

Course Structure

The School offers an introductory ten-week Evening Class under the heading of People, Plants and Planet. It is designed to be informative on home-help herbalism, as well as providing a way of brushing up on general Science (Biology/Chemistry) for those considering further Herbal Studies.

Held at the School in Glasgow, twice a year (April and October), for two hours, one evening per week.

Course Modules

Each session is divided between life-science theory and home-help herbalism practical work and each week we look at a different commonly-used herb. Practical sessions include: organic gardening, sprouting, making: ointments, macerated oils, a poultice, a soap, a decoction, a herbarium and essential oil compresses.

Organic Gardening - Introduction to the basic cycle of life
Nutrition - Investigating the nutritional value of plants
Chemistry - Seeing the natural forces at work
Biochemistry - Exploring the chemistry of life & the vital force
Ecology - Following the fascinating nature series
Homeostasis - Maintaining the balance
Anatomy - Nature's structures
Physiology - Nature's strategies
First Aid - Herbal self help in the home
Herb Walk



Entry Requirements

This course is open access and the usual application procedure does not apply. Please contact the School to apply.

Keith Robertson, Director of Education, says: "Science - Chemistry, Physics, Biochemistry... these words can strike fear into the hearts of many and yet we wander around this amazing planet only thanks to these forces and laws. Biology seems a friendlier word, for it is a science that reveals to us that we are all expert Biochemists and Scientists, performing staggeringly complex molecular transformations while at the same time sleeping off a heavy meal! In this introductory course, we aim to explore some of the barriers to learning that can confront us on our search to understand our bodies and the world. Technical language is broken down and explained; practical demonstrations put you right in the driving seat; plants and herbs feature throughout and our relationship to them is explained. Gradually, we peel back the layers to reveal an empowering understanding of the miracle that is life itself."

A learning experience, the, about People, Plants and Planet... sounds like a great cast list and you may well come away with a different idea of who the real stars and performers are!

ITEC Diploma in Holistic Massage

Professional Therapeutic Massage Training: ITEC Accredited 10 Month Course

Discover the wonderfully complex but at the same time frighteningly simple thing that is your body! We aim to keep our sense of awe as we look at how the body works. Our highly experienced Tutors encourage and develop your massage skills; the student/tutor ratio is kept low to ensure a safe, comfortable and supported environment.

Course Structure

This is a very popular course, providing the foundation and under-pinning knowledge on which many complementary therapies are based and on completion, giving you a professional qualification with which to practice as a massage therapist. Each teaching day is divided in two - theory in the mornings, while the afternoons are devoted to practical massage.

Massage students attend a course of 12 Saturdays (every third weekend from October to June) at the School in Glasgow.

It is possible to study the Aromatherapy qualification concurrently – please see Aromatherapy page for details.

Course Modules

Anatomy and Physiology

Holistic Massage Theory and Practical

Professional Conduct and Business Awareness

Assessment/Home Assignments

Assessment is by practical and theory examination and the submission of client case studies at the end of the course, although a number of home assignments and essays will be set by the course tutor throughout the year. Massage students can expect to spend approximately five hours per week in home study.

With the School's background in training Medical Herbalists you can be certain of a thorough grounding in all aspects that will make you a fully competent and knowledgeable massage practitioner. The School's approach of using practising therapists as tutors results in you benefiting from their theoretical and practical experience.

Entry Requirements

Formal as well as informal qualifications (ie. work experience, voluntary work) are considered. Please contact the School for more information or an informal chat.

Some knowledge of human biology would be beneficial.



ITEC Diploma in Clinical Aromatherapy

Professional Clinical Aromatherapy Training - ITEC Accredited 10 Month Course

We provide full professional training for Aromatherapists covering everything from Anatomy, Physiology and Massage to learning about the oils themselves through their pharmacology, history of use and therapeutic indications.

Course Structure

This course is considered a second year course for qualified massage therapists, however it is possible to study both the massage and the aromatherapy course in the same year.

Each teaching day is divided in two - practical sessions in the mornings, with the afternoons devoted to theory.

Aromatherapy students attend a course of 12 Sundays (every third weekend from October to June) at the School in Glasgow.



Course Modules

Aromatherapy Theory
Aromatherapy Practical

Assessment/Home Assignments

Assessment is by practical and theory examination and the submission of client case studies at the end of the course, although a number of home assignments and essays will be set by the course tutor throughout the year. Aromatherapy students can expect to spend approximately five hours per week in home study.

The School is fortunate to have on the faculty a very experienced, practising Clinical Aromatherapist. Her in-depth knowledge, practical experience and informal manner ensure that students receive an exceptionally high degree of relevant training.

Entry Requirements

Formal as well as informal qualifications (ie. work experience, voluntary work) are considered. Existing Anatomy, Physiology and Massage certificate - ITEC or equivalent is required.

Faculty

Principal Lecturers

Maureen Robertson MSc M.NIMH ITEC (Arom)
Dr Craig Wright MSc (Herb.Med.), M.Tech (Hom) (SA), MRN
Maggi McAllister-MacGregor BSc (Hons), BA (Hons), MBACP
Michelle McAspurn MBChB, MFHom
Yael Spyer BSc M.NIMH
Dr Andrea Guenther MRCGP, MFHom, DRCOG, DFFP
Dr Abba Paulina M.B. ChB
Glen Elliot BSc (Hons), Dip. Ther. Mas, Dip. Arom., M.NIMH
El Buick ITEC (Arom) PGCE
Ian Holland BA ITEC (Mass)
Clare Harker BEd. ITEC (Mass)
Dr David Robertson MBChB, M.RCOG
Ally Broughton BSc (Hons), M.NIMH



Clinical Supervisors

Bill Cleeve BSc (Hons) M.NIMH Jenny Lancaster BA (Hons) Dip Phyt M.NIMH



Director of Education

Keith Robertson MSc (Herb.Med) F.NIMH Dip Phyt ITEC (Mass)



Professional Development & Pastoral Care

MSc, PGCert, PGDip - Anita Ralph MSc (Herb.Med) M.NIMH BSc - Maggi McAllister-MacGregor BSc (Hons), BA (Hons), MBACP Elaine Robertson - BSc (Hons), MA (Hons), PGCE ITEC (Arom)

Please see our website for a complete list of the faculty, including course co-ordinators, guest lecturers, research committee and supervisors.



External Accreditation

Accreditation Board of the National Institute of Medical Herbalists, 54 Elm House, Mary Arches Street, Exeter EX4 3BA www.nimh.org.uk

External Validation

University of Wales, King Edward VII Ave, Cardiff CF10 3NS www.wales.ac.uk

International Therapy Examination Council

2nd Floor Chiswick Gate, 598-608 Chiswick High Road, London W4 5RT www.itecworld.co.uk



Course Fees

The School is a not-for-profit organisation and we aim to make our courses as affordable as possible. In order to remain so and still provide the same level of excellence in training, the School reserves the right to increase the fees responsibly for subsequent sessions. All one year course fees are payable in advance. Fees for the BSc (Hons) Degree for 2nd to 4th Year and MSc can be paid in two installments. The course fees for session 2010-2011 are as follows:

Herbal Medicine

MSc (requires PG Dip)	£1500
PG Dip (requires PG Cert)	£2500
PG Cert	£2500
University of Wales registration fee	£665*

BSc (Hons) Degree £3500 per year

University of Wales registration fee £750**

Home Help Correspondence/Access Course £450 Home Help Evening Class £150

Massage and Aromatherapy

ITEC Diploma in Holistic Massage £850
ITEC Diploma in Clinical Aromatherapy £850
Both in same year £1600

Correspondence course fees include postage within the UK and are payable in sterling; for postage outside the UK, please add £15 sterling for Europe and £30 for the Rest of the World.

Extra Costs

Attendance at Student Training Clinic £3.50 per hour. (BSc only)
Required textbooks and materials around £200-£300 per year. (BSc only)

Previous summer schools have cost £30/day full board in dormitory accommodation with reductions for camping. Accommodation for summer and winter schools will be arranged by the School, but paid for by the student. Food costs are not covered by the School.

Travel to all teaching venues should be arranged and the cost borne by the student.

How to Apply for our Courses

To apply in writing: Please complete an Application Form stating the course you are applying for, enclose a CV, and send to *The Registrar, The Scottish School of Herbal Medicine, Units 20-22 Alexander Stephen House, 91 Holmfauld Road, Glasgow G51 4RY.*

To apply on-line: Please complete the on-line application form on our website and upload your CV with your application.

Your application will be followed by a personal interview.

^{*}Total can be split up into £222 for PGCert, £222 for PGDip & £221 for MSc dissertation.

^{**}BSc Students who register with the University of Wales pay a one-off registration fee which is currently £750. Students must also satisfy University of Wales matriculation requirements (see above). Student Loans and Career Development Loans are available for the BSc course to qualifying applicants.



Journal

The Scottish Journal of Herbal Medicine is published twice yearly by The Scottish School of Herbal Medicine and is a non-profit making enterprise, which is intended to be a forum for discussion and information sharing.

All articles presented in the journal are intended to promote awareness and debate on the development of the paradigm shift to holistic science in herbal medicine.

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The Journal welcomes relevant articles for publication and letters to the Editor c/o The Scottish School of Herbal Medicine, address and contact details below.

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